

GirlAPaloozAA[®] Dallas

**Al-Anon
Participation**

Friday, May 5 – Sunday, May 7, 2023

A Weekend Journey Through the 12 Steps of Alcoholics Anonymous with Amazing, Successful Women in Recovery Sharing their Experience, Strength, and Hope.

Mesquite Convention Center

(15 Minutes from downtown Dallas)

**Join as we dance in the Sunlight of the Spirit
GirlAPaloozAA 2023 Sixth Annual Conference**

NEW format!

- Friday, May 5th** 5:00 p.m. — Registration Open (Concessions with healthy options)
6:00 p.m. — Steps 1-3: Erin B.; Dallas, TX
7:45 pm. — 13th Step Workshop
- Saturday, May 6th** 9:00 a.m. - 9:30 a.m. — Meditation in the Ballroom
10:00 a.m. - 11:00 a.m. — Steps 4 - 7: Diane M.; Ft. Worth, TX
11:30 a.m. - 12:30 p.m. — Steps 8, 9: Renee E.; Frisco, TX
12:30 p.m. - 1:45 p.m. — Lunch Break (Concessions with healthy options)
2:00 p.m. - 2:30 p.m. — Chair Yoga in the Ballroom
3:00 p.m. - 4:00 pm. — Al-Anon ~ Her Story: TBA
5:00 p.m. - 6:30 p.m. — Banquet* & Entertainment
(Concessions with healthy options, too)
7:00 p.m. - 7:30 p.m. — Divine Dames
7:45 p.m. - 10:00 p.m. — Bingo: The AA Way
- Sunday, May 7th** 9:00 a.m. - 9:30 a.m. — Meditation in the Ballroom
10:00 a.m. - 11:00 a.m. — Steps 10 - 12: Sherisa M.; Ft. Worth, TX
11:15 a.m. - 12:15 p.m. — Adult Children of Alcoholics: Ellie B.; Dallas, TX
12:15 p.m. - 12:30 p.m. — Wrap Up & News about GirlAPaloozAA 2024

***Banquet Dinner is optional for an additional cost.**

Raffle drawings throughout the conference!!

Go to the Registration section and register @ www.girlapaloozaadfw.com.

Check out our 2023 Keepsakes section for T-Shirts (coming soon!)

GirlAPaloozAA is an open women-only conference focused on the Twelve Steps of Alcoholics Anonymous.

*Banquet tickets can be purchased online in the Registration section.

We also ask, in keeping with our 7th tradition, that you consider any contributions so that we can continue to carry on the GirlAPaloozAA message and tradition.