

The DIALOG



A PUBLICATION OF THE DALLAS INTERGROUP ASSOCIATION (est. 1947)

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Welcome to the DIALOG — your newsletter for the Dallas Intergroup Association

INSIDE THIS ISSUE:

Upcoming Events	1
Step 7	1
Step 7 Set Me Free	2
Tradition 7	3
CityWide Story	4

Events

CityWide - every 2nd Saturday of the month; 5:30-8:30pm—Potluck & Speaker

Crested Butte Mountain Conference - July 25-29

Service in the AA Home Group—Workshop - July 30; Sat. 2:00-4:00pm

North Texas RoundUp 2022 - Aug. 12-14

Texhoma Foxhall Group—Potluck & Speaker; Aug. 13 @ 6:00pm

Miracles at Lake Murray—Sept. 9-11

International Convention—2025; Vancouver, British Columbia

...”the desire to drink came roaring back”...

Heard in the Rooms -

“I am convinced that if I start drinking again, in just 3 Days, BOOM, I’m Naked in Mississippi!”



Step Seven

Humbly asked Him to remove our shortcomings.

The 12 and 12 states “Indeed, the attainment of greater humility is the foundation principle of each of A.A.’s Twelve Steps. For without some degree of humility, no alcoholic can stay sober at all.” (page 70)

In my first year of recovery as I reached Step 7 I had a list of character defects that came from making an inventory, sharing it with my sponsor, and earnestly praying for help. At this point I genuinely felt that I had “swallowed and digested some large chunks of truth about myself” per page 71 of the Big Book. Miraculously the desire to drink and drug had been removed and I experienced many of “The Promises”. I celebrated one year of recovery with all my new A.A. friends and my sponsor and got engaged to a man also in recovery. Unconsciously I had backed off of going deeper into my Step work. I was sure I had “The Program” wired and enjoyed “resting on my laurels.”

One day I had a huge argument with my fiancé resulting in the end of our engagement. My emotional upset and hurt pride overwhelmed me and the desire to drink came roaring back with a passion. Thanks to divine intervention my sponsor called me and helped me through it. That was definitely a wake up call to get off my laurels and get back into The Steps. As we prayed the 7th Step prayer together I felt my humiliation drain away to be replaced again by simple gratitude for my sobriety and the peace of mind it granted me. That was my first conscious contact with humility.

Now in my 28th year of sobriety, I find that can still be overwhelmed by self centered fear – fear of not getting what I think I want or losing what I think I have. As a friend in recovery says, I am “vulnerable to everything and immune to nothing.” I have discovered that just as in my first year, my strength and peace comes from my willingness to humbly ask Him to remove my shortcomings.

Cate M.

3rd and 11th Step Meeting, Rancho Mirage



**Calling All
SOBER
MOTORCYCLE
RIDERS.**

**When it gets cooler,
we go for a Satur-
day ride, out to the
country and get
lunch.**

**Put your name on
the list so we can
let you know when
we plan the next
ride.**

Ric C.

theleftseat@gmail.com



"I think I'll look into that Athletic Association — they all seem so damn healthy and happy."

STEP SEVEN SET ME FREE

Step seven begins, *"My creator I am now willing that you should have all of me good and bad."*

Why should I ask God to take over my good qualities in my 7th step prayer? After all, I had been several months sober and there were many noble and honorable elements to my personality. Wrong! A friend called this alc-ological thinking.

I was still using "poolroom" language, criticizing others; maintained "justified" resentments, smoking two packs of lucky strikes a day, etc. I guess I sort of skipped those defects / shortcomings in steps Four and Five- **I did not really know good from bad!** More was to be revealed the following months as I continued the maintenance steps, especially step 10.

As years passed, and I began living the true spirit of the maintenance steps, as they say; "More will be revealed" I was told to ask God to help me become aware these newly discovered personality defects and to use the suggested step 10 directions to face and be rid of them.

In time my ego deflated to where I could see that my bad language was not normal, and it made me appear rather dull witted. My critical judgment of others began to diminish as I realized I was only seeing what was wrong with me!



Also, those repeating thoughts of anger began to give way to joyous prayer. Seven months later my nicotine addiction went South and has never returned. Let us put it this way, the selfishness dishonesty resentment and fear I learned about myself in Step 4 began to diminish when I put Step 7 into action! The seventh step **prayer** was only a beginning.

What a relief! That promise of a new freedom and happiness began to appear, but most importantly the dreadful mental obsession finally began to disappear. I now realize that I didn't trapped in a bondage of self for many years but putting step 7 into action has set me free! Step Seven is a powerful tool, Thank you God!

Bob S.

Someone said, "I suddenly realized that today I pray over the same things I used to drink over!"

Tradition Seven

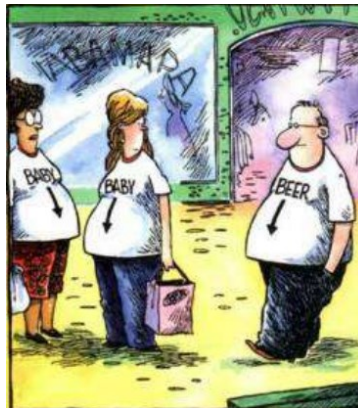
Every A.A. group ought to be fully self-supporting, declining outside contributions.

In the early years, AA thought, if they had a lot of money, they could do great work through hospitals and education. It created problems of how the money would be spent and who would decide when-and where it would be spent.

These problems resulted in AA and money being totally separate. However, we almost went broke, because everyone decided AA shouldn't have any extra money.

Fortunately, common sense prevailed through the Foundation's (now General Services) principles:

- ◆ AA remain poor, but have a prudent reserve
- ◆ AA would accept no outside contributions, thus no outside influence would be present.



We have survived for 74-years and will continue to survive if each individual member will contribute regularly and donate a little extra when AA needs additional funds.

Many of us make amends to different charities for things done in the past. I hope we all realized that AA must be our number one priority. Without AA, we would not be sober and, more than likely, not making donations to any cause.

Mike D. No Rules Group, La Quinta

Dear God,

Please help me to see other people as you see them, to love other people as you love them, and to forgive other people as you forgive them.

And please help me to see myself as you see me, love myself as you love me, and forgive myself as you forgive me.

Amen



... "In the early years, AA thought, if they had a lot of money"...

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Farmers Branch, Texas 75244

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Email: office@aadallas.org



Welcome to the
DIAlog



CALLING ALL WRITERS...

Got something to Say?
Send it to us or call
214-316-1656

Tell us about EVENTS
coming up at your
HOME GROUP

Email
DiAlog@aadallas.org

*A special thank you to
the Desert Lifeline Cen-
tral Intergroup for this
months content.*

Welcome to the Biggest Monthly Speaker Meeting in Texas

Our Story

In 2013, Several of the dedicated AA members in Dallas, after visiting Austin CityWide, had a vision. The envisioned a monthly meeting that would strive to develop unity among all of the 200+ groups in North Texas. This meeting would bring everyone together for a monthly speaker meeting. The meeting would include a large potluck dinner and fellowship before the meeting.

In November of 2013, on a cold rainy night in the parking lot of the old 24-hour club, Citywide Dallas was launched. The Next meeting was in March of 2014 at our current home in the Lovers Lane Methodist Church on the corner of Inwood Rd. / Northwest Highway. Lovers Lane Methodist has been a longtime supporter of recovery in Dallas with their Spiritual Center right across the street housing 2 dozen 12 step programs

The event provides monthly service commitments to a large group of committed servants. Serving includes invitations to treatment centers, home groups, setting up the event space, welcoming everyone at the main entrance, serving the meal, selling literature, t-shirts, previous speaker CD's and clean up. The meeting provides opportunities for a local AA home group to come together. By volunteering to serve the meal, be greeters, cook the meal, coordinate the potluck, collect contributions, clean up and work together for a common cause.

Up Coming Events

CityWide invites speakers with a powerful message of hope and recovery from local groups to all over the USA. CityWide just had their 8th anniversary in March with Larry T from the Bellflower Big Book Group in Los Angeles, CA.

- **August we will hear from Chloe C.** from the Live Together or Die Separately Group. The host group is the Live Together or Die Separately group.
- **September our speaker is Bill N.** from the Meadowbrook Group. The host group is the No Hassle group.
- **October our speaker is Matt M** from the Phoenix Group in Norman, OK. The host group is The Addison Group.
- **November is Yolanda L.** from The Gift of Sobriety group in Irving. The host group is The Lewisville Group.
- **December our speaker is Jesse E.** from the Simply AA group and the host group is the Bishop Arts group.

Serving Others

CityWide provides the opportunity for Special Events to advertise their event. The Gathering of Eagles, Metropolitan Woman's Meeting, Miracles at Lake Murrey, North Texas Roundup, The International Woman's Conference 2023 and many others. CityWide includes Special Events in the Slide Show a power prior to the main event.

CityWide financially supports the Dallas Intergroup with any funds over their expenses and prudent reserves. CityWide regularly has over 400 participants at their meetings. Welcome to CityWide Dallas, which has grown to the largest monthly meeting in Texas.

Details

CityWide is a Type 1 Special Event or Convention according to The General Service Office of Alcoholics Anonymous.

Citywide is defined by GSO as a monthly special event.

CityWide is a monthly AA speaker meeting held on the second Saturday of each month. CityWide strives to adhere to the AA principles, traditions and concepts.

Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

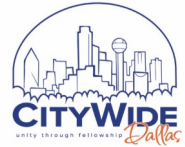
Our efforts focus an opportunity to provide regular service commitments to AA members and the local groups of Alcoholics Anonymous, to promote the opportunity to get out of ourselves and serve a greater cause and pray that our efforts help others to find a power greater than themselves.

Get Involved

We welcome everyone to get involved in CityWide Dallas.

- Personally, as a volunteer to serve on one of our many committees.
- Through your home group, as a host group by volunteering as a group for one of the monthly meetings.
- Simply sign up to volunteer or post the monthly flyer at your group and ensure everyone is aware of Dallas Citywide.

You can find us at www.citywidedallasaa.org can reach us at itywidedallasaa@gmail.com.



So you say you need a
Sponsor?

Sponsee: *"She called me a smug sanctimonious bitch!"*

Sponsor: *"I don't think you're sanctimonious."*