

The DIALOG

A PUBLICATION OF THE DALLAS INTERGROUP ASSOCIATION (est. 1947)

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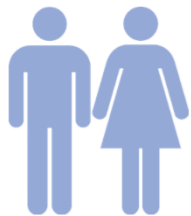
Welcome to the DIALOG – your newsletter for the Dallas Intergroup Association

Read about Nightwatch on [pg. 4-5](#)

Nightwatch by the Numbers



50-50



% of Male / Females
answering phones

8:30am - 5:00pm

*Weekday evening hours that
Volunteers answer phones*

8:30am - 5:00pm

5:00pm - 8:30am

*Weekend hours that Volunteers
answer phones (2 shifts)*



HAPPY AUGUST ANNIVERSARIES!



Town North Group – 64 years

IN THIS ISSUE...

August Anniversaries	1
My Experience: Step Two	2
My Experience: Tradition Two	2
Did You Know	3
Keeping the Light On: Nightwatch	4

Nightwatch Service Insights	5
Pamphlet Contributors Requested	5
Group History: Aquarius	6
Group History: Georgetown Group	7
DIA Archives	7
New Groups Pamphlet	8
History of Dallas AA Intergroup	9
Events: August - September	10
Get in the Middle	10

My Experience: Step Two

*By a sober member of Highland Park Women's Group,
Sober since July 2001*

Step Two

*"Came to believe that a Power greater than
ourselves could restore us to sanity."*

Prior to coming into AA, I believed that I had "convictions galore" as the book says. I was sure that I knew there was a God, and that I knew that God. Perhaps at one time I had. But those days were long gone. True faith had been replaced by a selfish child-like anger towards a daddy-in-the-sky who hadn't given me everything I wanted. But instead of holding my breath until I got what I wanted, I chose to drink myself to death, unless I got what I wanted. My belief in a power greater than myself was limited to what He could give me, e.g., husband, kids, great job, etc. It had not occurred to me in a long time-- maybe ever--that by yielding to His will, and humbly asking, I could become a sober woman restored to strength and dignity.

It was only by walking back through the doors of Alcoholics Anonymous after a 10-year relapse that I realized that for years there had been a great big bottle of J&B Whiskey standing between me and God. By working a thorough Step One this time, I realized the depth of my denial and yes, of my insanity. It was only then that I could begin to look at Step Two in a different way. I could see that the God of my understanding had never left me. He had sat lovingly and patiently, waiting for me to reach out to him soberly, and earnestly. It was then that the process of being restored to sanity happened. I never felt I had to come to believe that a "POWER GREATER THAN ME" could restore me to sanity, as much as I had to come to a true faith and belief "THAT" a power could and would restore me to sanity. Up until that point, I really didn't believe God could or would do anything for ME. Now my faith was let

out of its box, and allowed to grow. Now I was able to truly trust and believe that God would rebuild the pieces of my life and bring me to a place of calm and happy sanity.

There are times when I even think it was less of a restoration project as a first glimpse for me. I think I had always been kind of crazy, even when I was a kid. Step Two allowed me to see who I was in my relationship to God, and to begin to understand how when I pray, no matter how crazy things may seem, or what is happening in my life, He is here to calm me. Instead of a self-driven agenda today, I have a true belief "THAT" God can and will when turn to Him.

My Experience: Tradition Two

*By a sober member of Clean Air North Group,
sober since Nov. 2000*

Tradition Two

*"For our group purpose there is but one ultimate
authority—a loving God as He may express
Himself in our group conscience. Our leaders
are but trusted servants; they do not govern."*

I'm grateful for the opportunity to share my experience, strength and hope with Tradition 2. In case you don't know anything about the Traditions, please read the forward of Twelve Steps and Twelve Traditions. Page 15 states "A.A.'s Twelve Traditions apply to the life of the Fellowship itself. They outline the means by which A.A. maintains its unity and relates itself to the world about it, the way it lives and grows."

You may have heard that the long form of this tradition is actually shorter than the short form but here it is: Our experience has taught us that "for our group purpose there is but one ultimate authority – a loving God as He may express Himself in our group conscience." The short form adds "our leaders are but trusted servants; they do not govern." What does this mean exactly?

(Tradition Two continued)

The main principle for this Tradition is Authority which can be defined as the power to determine or settle disputes. So, who has this power in A.A.? Newly sober, I often wondered who the president of the group was; once invited to the group conscience, I could not wrap my head around how a bunch of drunks managed the group. They collectively made decisions and settled disputes. One of my early participation included the group discussing a member that was bringing guns and disrupting the group. It was settled that we could not kick him out and that other members would talk to him. The group spoke. The group, not an individual, has the power to delegate and authorize responsibilities.

I didn't understand that various members of the group held positions to represent different tasks. I did not know that they rotated positions. It wasn't until I was trusted to have a position that this idea became apparent but I was too egotistical. I suffered growing pains similar to early A.A. There were many times when I strongly voiced my opinion and I thought I was shut down by bleeding deacons of the group that knew it all! I didn't understand that I was a trusted servant tasked with representing the group not Lisa's ideas. You can see the difference and why it is so important to rely on our collective experience of the group to determine what is best for the group and our primary purpose.

Bill Wilson writes about how early on, he thought it was a good idea to become a "lay therapist" at a hospital which would help other alcoholics and line his pockets. He thought that God spoke to him on the subway approving the opportunity; once discussed with the group back home, they reminded him that it was a terrible idea and may ruin what has been started. Bill believed this was the group conscience speaking therefore determining the best decision. Often, our (my) ego tells us we are right for wonderful



reasons, but the group settles issues and concerns with honesty and trust.

Recently, the Printers Manuscript was up for auction and the trustees quickly ascertained that A.A. needed to fight this, that it was ours to have, and filed a legal suit. They did this without any discussion with the fellowship and once the groups learned of this, there was outcry about making this decision without the fellowship's conscience. Luckily, we voiced our opinion and dismay of this decision which ultimately caused the trustees to drop the law suit. The group conscience spoke.

A.A. has many capable leaders. Just think about your sponsor. Page 135 reads, "They do not drive by mandate; they lead by example. This is the experience which has led us to the conclusion that our group conscience, well-advised by its elders, will be in the long run wiser than any single leader."

"Did you Know?"-- AA Conferences Offers Lots of Opportunity for Service

On Aug 17-19, the North Texas Roundup will be hosted in Dallas. When AAs think of service work at a conference, they think of greeters or badge-makers or speakers. But did you know:

-  There is a committee of 20+ people who meet monthly to plan the conference?
-  Committee roles include AAs who pick up speakers at the airport... create the Conference announcements and yet others who drive to the different groups to deliver them... direct parking at the conference location... work with the conference hotel to get good rates so that AAs from out of town can afford to attend... Set up panels and discussion meetings... Set up Archives tables... Build web sites and online registration... and manage the money so that there will be enough to host another conference next year!

Keeping the Light On: Dallas Intergroup Nightwatch

By Jimmy D., Past Intergroup Board Chair

In 1999 a small group of AAs in Dallas realized that having an answering service take calls for Intergroup after hours was not in concert with our Fifth Tradition. We felt that the Dallas AA community was missing out on important 12th Step opportunities by not handling our telephone requests for help (from both sober AA members and those seeking our solution) at the time the request was made, whether that be 3 o'clock in the afternoon or 3 o'clock in the morning. We needed to fulfill our primary purpose and stand on the firing line of Dallas AA.

A call was made to AA members to take shifts to answer the Intergroup phones after 5 pm weekdays and days and evenings on weekends and holidays. As with many things in AA the process was slow to “gel” as Dr. Bob would say but by the end of the first full year we had enough AA member volunteers to ensure that an AA member was only asked to take a phone shift about every 2 months. In 2018 we have about 175 AA members who are willing and able to be of service to the program that saved their lives. We have no idea how many people are successfully sober in AA as a result of a call to Nightwatch; how many family members have been comforted because we have given them information on contacting the Al-Anon Family Groups or attending open AA speaker meetings; how many court-ordered individuals successfully completed their probation/parole because we sent them to open AA speaker meetings so as not to negatively impact the AA group's ability to carry their message to those who want it thus both probationer and AA group were well-served; how many non-alcoholics suffering from some other affliction are helping others in the Twelve-Step Fellowship that best fit their need because we gave them gentle counsel on the single purpose of AA.

Nightwatch service specifically attracts the member of AA who recognizes a debt that can never possibly be repaid. It requires a commitment to our program. It demands accountability to that commitment and a sacrifice of time. It is almost purely anonymous service, the best kind that we can offer. No Nightwatcher has any real idea how impactful their shift may have been to those who call – randomly over the years people have met face-to-face by happenstance in AA meetings or events and discovered that one of them took the call for help from the other. Meeting based sobriety does not tend to gravitate toward this type of AA activity – this is pure AA 12th Step work one alcoholic sharing experience strength and hope – no fanfare, no sharing that peels paint off the walls, no clapping/accolades/cheering/chanting. The reward for Nightwatch service is the opportunity to serve again.

Paul M. (now in the Big Meeting) was our Excel guru who developed our calendaring process that is still in use today. A least possibly organized Nightwatch has been facilitated by a committee of AA members who handle the scheduling from month to month and forward the phones over the weekend. The committee under the chairmanship of an Intergroup board member but operates autonomously as it must have continuity and institutional experience that extends far beyond the two year term of service of a board member. There are currently four AA members from four different AA home groups in the Dallas area who endeavor to continue to fulfill the Nightwatch mission which is simply to make sure that *“When anyone, anywhere, reaches out for help, I want the hand of AA always to be there.”*

Nightwatch Service Insights

By Keith D., Nightwatch Committee Chair

"The majority of calls come from people trying to find a meeting" says Keith D. when asked what kinds of calls Nightwatch receives.

"But then we will get calls from people who ask 'how do I sign up for these classes?'" he adds

"We tell them that it is not a class, and even through you are court ordered to do it, it's just a meeting. Come on down and see what you think" Keith says.

When people call up who are court-ordered and who have drug problems, Nightwatch also refers to NA and other programs.

Many of the ~175 Nightwatch volunteers have been volunteering for years and in the rotation, they probably serve a couple of shifts a year.

Nightwatch is trying to expand interest to a wider group of volunteers –those who have a few years sober and want to get into old-fashioned 12-step work. Volunteers must have 1 year of sobriety, worked the steps and be actively working with a sponsor. Keith says this would give some of the old-timers who have been manning the phones for years a welcome break and provide a new service opportunity for those who have never participated in a 12-step call the opportunity to see AA in action.

"You hear war stories in meetings" says Keith "but you don't know what it is like unless you are a part of it".

Keith says if you can catch that one drunk out of 20 who wants what we have, it is well worth it.

New Pamphlet for Spanish-speaking Women in A.A.

In response to the 2018 General Service Conference Advisory Action requesting the development of a pamphlet for Spanish-speaking women in A.A., the trustees' literature committee is seeking a wide range of A.A. recovery experience from Spanish-speaking women in A.A.

Please encourage Spanish-speaking women members in your area to write their personal stories for possible inclusion in this new pamphlet.

Manuscripts should be 500-800 words, double spaced, in 12-point font. The author's complete name, address and email/phone information should be included with the submission.

Submissions can be emailed to Literature@aa.org with "Spanish-speaking women in A.A." in the subject line of the message. Alternatively, submissions can be mailed to: Literature Coordinator, General Service Office, Box 459, Grand Central Station, New York, NY 10163. The deadline for submissions is November 19, 2018.

The anonymity of all authors will be observed, whether or not their story is selected for publication.

Group History – Aquarius Group

*As shared by Helen E, at the 41st Aquarius
Group Anniversary*

Aquarius Group in Dallas celebrated their 41st group anniversary in July. Helen E., (sober since 5/27/1975 and a founding member), provided the following group history.

In 1977 the seeds of Aquarius Group were planted after a Group Conscience Meeting at the Town North Group in Dallas. Helen recalled that Town North only had an 8 pm daily meeting and the women wanted to host a Women's meeting. At that time, Town North was a club and the rule was that no dominoes or cards could be played if there was a meeting going on. A Group Conscience was held where the Women's meeting was voted down. At that time, future Aquarius Group members opted to start their own group.

Led by Bernice J (and husband Mo), a group of Town North members began meeting on 7-7-77 at Gladys and Harold C's house. A member of this group, Bob B., said they should name the group "Aquarius" because it was the first day of the Age of Aquarius.

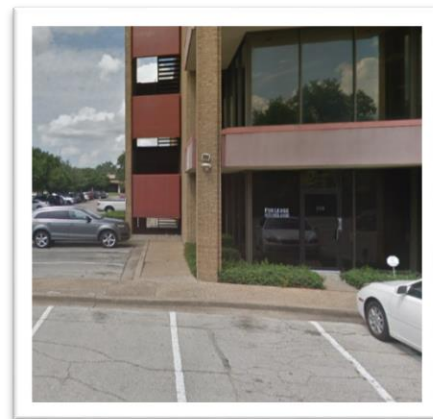
I couldn't attend that first meeting because my husband was sick and I didn't know then that I could still go to a meeting without staying home with him. But the second meeting was held at our house and there were a lot of people in attendance. Gladys was a member of a church that let the group meet, intermittently, in their children's room. Members attended meetings sitting in the children's chairs at little children's tables.

Within a few months, the group was able to rent office space at Preston and Forest, above the Meletio Building, at the end of the hall on the second floor.

"We were not good tenants" says Helen "there were businesses there conducting businesses and we had women walking up and down the hall in groups to use the restroom." But the group continued to grow.

At five years (1982), Aquarius started a noon meeting in addition to its 8 pm meeting. At that time, due to the number of group members, Aquarius moved to a space in the southeast space of the same building.

Also in the 1980s, Treatment Centers started bringing meetings to AA meetings, including Aquarius. Helen says, at this time, the group became sick for a while, due to the number of people attending with no singleness of purpose and a lot of 13th stepping. Eventually Helen says they went back to their roots and downsized since visitors were often unable to contribute, and they had to find a more affordable space. Aquarius then moved to the west side of the complex and started getting well again, focusing on the basics.



"Today we had 28 women in the Women's meeting and we are thriving" Helen says.

During it all, there were several groups that spun off of Aquarius due to logistics reasons - people wanted to attend a group closer to home or work. Two groups - the 202 Group and the Trinity Group - were created by members of Aquarius to serve that need but are no longer in existence.

Group History – The Georgetown Group

*As told by Larry N at the Georgetown 27th
Anniversary Party in July*

Larry N. of Georgetown (sober 9-1-85) shared Georgetown's 27 year history as the group celebrated in their new location in a packed room of AA and Alanon members.

Georgetown began with Bill J (sober date / death date) and his wife Catherine who wanted to start a group with strong AA and Alanon.

"Bill had done a lot of reading of our literature and was convinced this would be good for families" said Larry. Bill then asked six AA-Alanon couples to follow him on this journey.

The first meeting was held at someone's house, as all new meetings do, and then Bill signed the lease for new office space.

"We were seven couples who had nothing. Rent was expensive. But Bill had committed to signing the lease" Larry said.

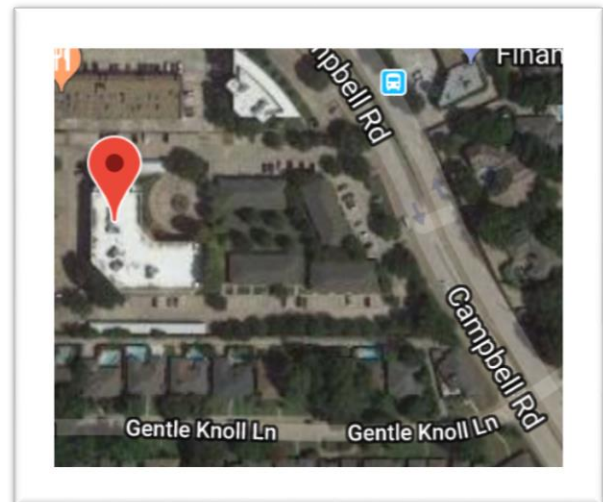
At the second meeting, Larry told his wife "You speak for me" because unbeknownst to him, Georgetown had voted for a no-smoking group. Larry went back to Dallas North.

"Two years later I showed back up at Georgetown when I could deal without smoking a cigarette" he recalls.

Within the next 25+ years, Larry said he thinks God has had a hand in this all along. It has experienced difficulties such as suicides, and a Treasurer stealing money but has also hosted members who have picked up what they learned at Georgetown and started their own AA-Alanon family groups in other cities. Larry says he recently went to a meeting in Duncanville and people knew about Georgetown and its mission.

"You all know I am a statistical guy and when I add up the number of years of sobriety in this room it's often over 450 years!" he said.

Not only AAs but long-term Alanon members continue to attend meetings at Georgetown and as Larry says "We have flourished and we show a lot of love."



The group celebrated in a new office space at Campbell and Preston Rd. after spending most of its last 27 years in the Georgetown Office Complex at Preston and Frankford Rds. (there were four moves inside the complex during that time).

From the DIA Archives – AA Goes to Jail

By Don M., Rockwall

I am not a Texan. I graduated with a Law Degree from Wayne State University in Detroit, Michigan, my home state. I have been a sober member of Alcoholics Anonymous for 38 years. Shortly after moving to Texas, I met my loving wife, Sandra, who has been an active member of Al-Anon for 34 years. We have been married for almost 31 years and I have also practiced Law in TX for the same length of time. At the "old" Parkland Hospital, a Dallas County Deputy Sheriff was conducting a class at night for men that were convicted of DWIs and were sentenced with jail time. I asked him if I could attend the class.

(From the DIA Archives continued)

Fortunately for me, this Deputy Sheriff had another 16 week class that he had to attend, so he asked me if I would take over this class. I said “sure.” The time spent doing so went by quickly.

A short time later, the phone rang in my office. It was Chuck Fawns, Director of Inmate Services. He asked me if AA would like to bring a meeting into the new Dallas County Jail. I am not the official leader of AA but I said “sure.” The first meeting was held on March 11, 1986.

I asked a friend Charlie A. if he would join me. One night as we were leaving the jail meeting, he said that he would like to go to SMU to become an attorney. I asked him if he had been to the school. He said no. So I advised him to go to the school registrar’s office and apply. He did so and graduated and is one of the best attorneys that I have met.

The jail meetings went well and Chuck Fawns suggested that we expand from one meeting per week to more. So several AAs met and we decided to set the teams up to 6 men per team. Two men were assigned to go for 2 weeks in a row. The team concept has proven to be very successful. The first such meeting was held on May 26, 1987.

Next came the women. We didn’t know how many of them were “Locked Up” in the Dallas County Jail. There were a lot. Charlie and I and three AA women attended a meeting in the office of Chuck Fawns. One of the three women at this meeting was Katherine H. She conducted the first AA meeting for women in the Dallas County Jail on September 22, 1987.

Many years have now passed and the program of taking the AA Meetings to men and women prisoners in the Dallas County Jail has grown from one to presently 13 meetings per week. It is now run by an AA woman, Sara T. She is doing a first class job. Former prisoners like Alvin R. and Terri H. found sobriety in jail AA meetings over 25 years ago. They and several former inmates have taken, and continue to take, meetings back into the jail

and continue to carry the message of AA. Some of the Team Members have been doing this service work for over 20 years. These 12 step opportunities continue to strengthen our AA community and add to the joy of living. The AA Program goes on and on and on and on...”One Day at a Time.”

If I ever get to heaven, it will be because of the jail program!

Don. M
Rockwall, Texas

New Groups Pamphlet

Have you ever called GSO asking for help with a Group related question? ***The AA Group: Where It All Begins*** pamphlet was published in 2017 and has a lot of helpful information for AA groups. It includes what a Group is – and is not - how it functions, service roles in a Group, how Groups work with the community, and its role in working with outside entities, the community and AA as a whole.



The History of Dallas AA Intergroup

The Dallas Central Office had its first Board meeting and was open for business on September 18, 1947. At that time there were only two AA groups in the area. The Central Office was located on Akard Street in the Davis Building. It was a musty old office, a little cluttered, but filled with AA caring. Dick P. was the director. He suffered physically from Jamaica Ginger poisoning during Prohibition days, but it didn't stop him from answering the phone, coordinating 12-Step calls or sharing with a friend or stranger over a cup of coffee. He even sold some literature.

The location of the office changed a few times over the next several years, but always stayed in the Downtown Dallas area. In the late 50's Lester F. hired Merl ("a perfect lady") to run things. According to Lester, she kept the place "real clean and orderly" during the time she worked there.

In 1968 a reorganization meeting was held. The Central Office became an Intergroup Office operating under the guidance of the AA Groups, which numbered 8 or 9 by then. A local member then loaned the Intergroup \$2,000.00 to buy literature from AA World Services, Inc.

In 1989 the Intergroup incorporated and became Dallas Intergroup Association, a non-profit organization. From that small beginning in 1947, we now serve over 100 AA groups in Dallas and its suburbs. A full range of committees are headed by members of the Board of Trustees. These include Cooperation with the Professional Community, Treatment Centers, Public Information, and Correctional Facilities. The Groups make all decision on their services at the Representative's meetings and the Board decides all fiduciary policy and business decisions regarding the Office. In April 2000 the Intergroup office once again became known as the Dallas AA Central Office. This change was made to better describe the function of the office to potential newcomers.

DISTRICT 54 ~ 2018

SERVICE FAIR

Experience, Strength & Hope

Speakers ~ Resources ~ Informational Sharing Sessions

District 54 invites you to participate in our upcoming Service Fair

Sunday, August 12th 2018

Time:
1:00 pm – 5:00 pm
(Food to be served before the Service Fair)

Location:
Dallas North Group
101 South Coit Rd
Suite 210
Richardson, TX. 75080

Special Needs / Accessibility
Dallas Intergroup Assoc.
Corrections
Literature
Cooperation with the
Professional Community
Grapevine / La Viña
Public Information
Treatment



North Texas Roundup - 2018

"Trust God, Clean House, Help others"
August 17th – 19th, 2018
 DoubleTree Hotel - 4099 Valley View Lane - Dallas, TX 75244
Voice of Roundup: Claudia H. (Glass House- Fort Worth, TX)

Friday - August 17th

2:00 pm Registration Opens
 6:00 pm Old-timers Meeting
 8:00 pm AA Speaker – Steve L. (Nashville, TN)

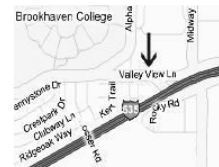
Saturday - August 18th

8:00 am Discussion Meeting
 9:30 am AA Speaker – David T. (Alberta, Canada)
 11:00 am Al-Anon Speaker Brenda L.-W. (Los Angeles, CA.)
 1:30 pm AA Speaker – Wayne K. (Spearfish, SD.)
 3:00 pm Workshop – "Trust God, Clean House, Help Others"
 6:45 pm Discussion Meeting
 8:00 pm AA Speaker – Terry M. (Billings, MT)

Sunday - August 19th

8:00 am Discussion Meeting
 10:30 am AA Speaker – Charley A. (Bonner, MT.)

DOUBLETREE HOTEL
 4099 Valley View Ln.
 Dallas, TX 75244
 (972) 385-9000
 Mention "NTR" when
 making reservation for
 special room rates



Registration Fee: \$20 per person
 Register online with credit card at: www.northtexasroundup.org
 Saturday Night Speaker Banquet: \$35 per person

Please support your NTR! Buy Coffee & Meal Tickets Directly - Either Online or Onsite

Or use this form and send payment to:
 NTR, PO BOX 802908, Dallas, TX 75380-2908
 Make checks payable to North Texas Roundup

NAME	
ADDRESS	
CITY	
STATE	
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EMAIL	

EVENTS – AUG 2018

August 11, 2018

CITYWIDE DALLAS

August 11 @ 5:30 pm - 9:00 pm

Lover's Lane United Methodist Church

9200 Inwood Road | Dallas, Texas 75220

Potluck Dinner starts at 5:30 PM – Bring a covered dish, preferably a side dish. Speaker Meeting starts at 7:00 PM

Email citywidedallasaa@gmail.com or call (972)834-3080 for more info. <https://citywidedallasaa.org/>

Free child care from 5:30 – 8:30

August 12, 2018

SERVICE FAIR – DISTRICT 54

August 12 @ 1:00 pm - 5:00 pm

District 54 is holding the 2018 Service Fair

Experience, Strength & Hope

Dallas North Group 101 South Coit Road Suite 210

Richardson TX 75080

Special Needs * Accessibility * Dallas Intergroup Assoc. * Corrections * Literature * Cooperation with the Professional Community * Grapevine / La Vina * Public Information * Treatment

August 17-19, 2018

NORTH TEXAS ROUNDUP 2018

August 17 – 19 2018

Doubletree Hotel | 4099 Valley View Lane

Dallas TX 75244

Register Online, Mail-In Form to NTR address or Drop Form at the Dallas Intergroup office.

<http://www.northtexasroundup.org/registration.html>

Register IN PERSON beginning Friday, August 17th

Special room rate at the Doubletree Hotel – mention “NTR” when making your reservation.

<http://www.northtexasroundup.org>

August 26, 2018

TOWN NORTH GROUP'S 64TH ANNIVERSARY!

August 26 @ 11:00 am - 1:00 pm

12895 Josey Lane #213

Farmers Branch, TX 75234 United

Brisket lunch at noon – folks are welcome to bring side dishes.

EVENTS – SEPT 2018

September 21-23, 2018

N.E.T.A, AREA 65 2018 FALL ASSEMBLY & CONVENTION

September 21 @ 6:00 pm - September 23 @ 12:00 pm

1900 Gateway Blvd., McKinney, TX 75070, 1900 Gateway Blvd, McKinney, 75070

September 22, 2018

DALLAS INTERGROUP 71ST ANNIVERSARY

September 22 @ 6:00 pm - 9:00 pm

2018 Northway Christian Church 7202 W Northwest Hwy, Dallas, TX 75225 (Northwest Highway / Preston Rd). There will be a Speaker at this event.

Get in the Middle...

...of AA. Don't just check out the following service opportunities – **Get into Action!**



☕ **HELP** set up the **Intergroup Chili Cook-off** -- Email Joe G at jandkgray@sbcglobal.net or call him at 214.564.9403, or email Tom at tomallred@sbcglobal.net. *All sobriety levels and skills welcome!*

JOIN the **Nightwatch** Committee or join Nightwatch to take after-hours calls from Intergroup -- email kbdenson68@gmail.com or call Keith at 469.682.6188. *Requires 1 year sobriety / must have worked 12 steps.*

☕ **MAN** a table at a **Health or Education Fair** -- email mightystu@gmail.com or call Stu at 972.877.9396.

☕ **SPEAK** at area groups -- call the Intergroup office. *Requires 1 year sobriety / must have worked 12 steps.*

☕ **TAKE** a meeting to **Lew Sterrett Jail or Texas prisons** – email freewells95@yahoo.com or call Freda at 972.948.0675. *Requires 1 year sobriety.*

☕ **TAKE** a Meeting to a **Treatment Center** - email bwb@banowsky.com or call Baxter at 214.235.2224.

☕ **WORK** in the **Intergroup Office** - Call the Intergroup Office from 10a – 3p M-F).