

The DIALog

A PUBLICATION OF THE DALLAS Intergroup ASSOCIATION (est. 1947)



Dallas Central Office | 6162 E Mockingbird Ln, Ste 213, Dallas TX 75214 | 214.887.6699 | www.aadallas.org | help@aadallas.org

From the Director

The 10th Annual DIA Chili-Cook-off has been scheduled for October 22, 2016 (2-6pm). Our speaker will be Chris C., from the Frisco Group. The event will take place at the Westside Christian Church, 4711 Westside Drive, Dallas 75209. The church is close to the intersection of Inwood and Mockingbird. We have had our cook-off there before and they have a wonderful, affordable space with an industrial kitchen to use. Please get your groups involved. We have not had a great turnout the last two years and I would hate to lose this great fellowship opportunity. We are in Texas so surely someone knows how to make some decent chili!

The **Dallas Central Office will celebrate 69 years on Sept. 17th, 2016** with Earl H. from California as our guest speaker. (Our location will be the same as above) Look for the flyers and the location information. With the cost of improving our new space we need your support more than ever! If you have not heard Earl bring your sponsees and hear an excellent talk. And see who wins our 10th Annual Cook-off, chili and cornbread. We will have trophies for both categories.

The lack of volunteers is epidemic at the office. There are days when Carrie and I are answering phones and trying to run the office at the same time. Sales and phone calls are all we can manage some days. If you are retired, out of a job for a bit, or have some extra time please come help us out in the office. We give you candy! And what an opportunity for you to give back what was so freely given to you. There are few experiences like talking to a newcomer about to attend their first meeting.

Many thanks to everyone and to every group that continue to support us with their 7th Tradition donations. If you are able to join the Faithful Fiver monthly donation program, there is a form in this newsletter or you can go to our website and give monthly online just like other non-profit offices. Individuals are making a big difference but we have only 57 monthly plans out of this entire Metroplex. If you can afford \$5 a month you can make a difference in keeping literature prices down and the phones answered 24/7. www.aadallas.org

Thanks!

Janis R., Executive Director

This Newsletter Edition

Hard to believe this is the fourth of six editions of the DIALog that will go to print in 2016. How time flies! In this edition, we continue our journey through the Three Legacies of our recovery program by focusing on Steps 7 & 8, Traditions 7 & 8 and Concepts 7 & 8.

July is always a month of reflection for me, most likely because my sobriety birthday is July 4th...and all of the nation celebrates with me!! I picked up my chip at the Allen Group on birthday night and began to wonder how the tradition of giving chips for various lengths of sobriety got started. We have included an article from the AA Archives that gives some insight into this tradition.

We continue to seek newsletter content submitted by members, anything reflecting your experience of AA's Three Legacies: Recovery, Unity and Service. Our next publication will focus on Step, Tradition, and Concept 9 & 10. Almost any format can be adapted for publication in the newsletter, an article, poem, or cartoon. The submission deadline for the October Edition is 9/15/16. You can submit an electronic copy to the DIA at Janis@aadallas.org.

PJ HR, DIALog Editor

Board Spotlight: Nightwatch

My name is Jimmy D. and I am a member of Alcoholics Anonymous. My identification as a member of AA should tell you why I am excited about any and all possibilities to try to repay my debt to the program that saved my life. A simple five-minute conversation in June, 1997 with a man who had been sober forever (6 months) began my initially tenuous relationship with our Fellowship.

I fell in with a group of AA members who absolutely exemplified through their actions that the pages of our book are true - we must give it away in order to keep it. "What an honor it is to serve your home group..." said my first sponsor. I've never forgotten all the hours and hours of time they spent and continue to spend with me - 3 o'clock in the morning people all.

To that end I am serving you and your home group as a Trustee on the Dallas Intergroup Board. This is my second time around, which in the AA world doesn't happen very often. I was

Treasurer of the board in 2001-2002; currently my responsibility in service to the Intergroup is as the Nightwatch Chairman and Vice-Chair of the board. I'm honored to serve AA in any capacity, and especially grateful that I can try to give back to the home groups in my city that have done so much to help thousands of us recover.

I believe we have a tremendous mantle of responsibility when we claim membership in AA. I don't see this as an obligation - it is an opportunity. I've been directly involved in Nightwatch since its inception fifteen years ago, and I believe it is our best venue for responding to the alcoholic who still suffers, bar none.

The current list of Nightwatch volunteers contains about 160 participants, with 10-15 more coming on this month. We have over 100 groups in the Dallas service area and offer more than 1500 meetings per week so I am certain that when AA makes a request of its membership to fulfill its primary purpose we respond in kind. That means taking action - that means sharing freely what we have been given - that means YOU are responsible.

Talk about Intergroup with your fellow group members - explain what the Intergroup is and what it does for Dallas AA groups. Please have discussions about Nightwatch and join the challenge to get new volunteers - some of the largest groups in Dallas and the suburbs have zero participation in Nightwatch. Why is that? What could we do better? When did AA become something to "go to" rather than something to "be in"? We are misinformed and/or uninformed as members of AA if we believe that meeting attendance indicates **membership** in AA.

I am grateful to be your trusted servant and I welcome any and all comments, concerns, or questions. I want to attract rather than promote and I believe in AA attraction is exemplified by accountability, availability, responsibility, and respectability.

Jimmy D., Alternate Board Chair

Finding Humility through Step 7

"Humbly became willing to let God remove our defects of character." Step 7 seemed simple enough when I first read it... almost too simple. The 12X12 suggests that I need to develop greater humility to live sober and happy. Character building and spiritual values have to come first if I want to be sober, happy, and free. A sound character develops through making honesty, tolerance of others and true love of man and God my recipe for daily living. What an order!!

I had lived most of my life on self-reliance. True dependence on a Higher Power seemed almost impossible. I believed that doing the will of God was important but had no clue how to do it. I had listed my resentment and talked about them with a sponsor. My sponsor helped identify many of my defects and I became willing to have them removed. It is here that I had to use all the willingness I had to surrender my defects and work daily to change the things that I can.

Today, I have a toolbox full of spiritual tools: inventory,

patience, tolerance, forgiveness, kindness, prayer, and willingness to name a few. These tools help me find the humility to let God work through me. It seems I fail more than I succeed but the fact is after 20 years of sobriety I'm still trying. Our literature tells me this is work I will do for the rest of my life, if I chose to do so. I know I am fortunate to have the love and help of a Higher Power as well as the ability to live free with the help of our 7th Step.

John R., Big Book Group

Step 8 – My Journey to Willingness

After I wrote my list of defects and completed the 7th Step Prayer, my sponsor told me it was time to get started on Step 8. *"Made a list of all we had harmed and became willing to make amends to them all."* I thought - I'll write a list but I am not going to make amends to those people. I actually thought they should be making amends to me!

My sponsor's direction was to make three columns on a piece of paper with the following headings: 1st column- people I was ready to make amends to immediately; 2nd column - people to whom I was willing to make amends but didn't know where they were; 3rd column - people for whom I needed to pray for the willingness to make amends. Being a rebellious alcoholic, those columns didn't work for me, so I made up my own headings: 1st column - people to whom I was willing to make amends; 2nd column - people to whom I was willing to make amends before I died; 3rd column- people to whom I would NEVER make amends. My sponsor looked at my list and said, "Keep praying for the willingness to make amends".

Several weeks went by and no one in column 2 or 3 had made their way to column 1.

I was at work and received a call that I had a visitor that was being escorted to my office. Being a school counselor, I assumed it was a parent. Imagine my shock when I opened my office door and saw the person that was number one on my "people to whom I will never make amends" list. He stuck out his hand and I noticed it was shaking. I could see he was afraid. He said, "Won't you shake the hand of an old friend". My first thought was "No" but instead I said, "There are no mistakes in God's world" and shook his hand. Little did I know he had 2 months sober and had traveled over 500 miles to make face to face amends to me. We spoke for about 5 minutes. I accepted his amends and was able to make amends to him. I experienced a peace and serenity I had not known in the previous 10 months of my sobriety. Within days I had rewritten my lists and started making amends.

I never saw that man again. I do not know if he remained sober. I do believe that God put him in my life at exactly the right time and place - so I could see a personal example of someone working Steps 8 & 9. When I don't want to make an amend, I envision that man's trembling hand and think "Who am I to say

I am not willing to go to any lengths for sobriety". I thank God for the many lessons I have learned through working the AA program.

PJ HR, Allen Group

Tradition 7

Several years ago, my home group added a line to our group format stating, "the AA groups themselves should become fully self supporting by the voluntary contributions of their own members, if you are a guest please refrain from contributing". Within a month we lost 2/3 of our members.

One of our oldtimers noted that if we were going to adhere to this tradition of self support the remaining members were going to have to "come deeper from the hip".

We lost over half our membership, yet contributions went up 20%. I learned right then and there what it meant to be self supporting.

My home group today has 10-12 members. We meet in a church twice a week. A \$2 contribution per member per meeting will not hardly pay the rent, much less anything else. Every 90 days we spend our money down to \$50. We make contributions to the General Service Office (GSO), Northeast Texas Area 65 (NETA 65), District 55, Dallas Intergroup Association (DIA), and the Fort Worth Central Office. We keep a 3 month prudent reserve. We set aside money monthly for our anniversary party, so there is no need to pass a basket at the anniversary.

Through sponsorship, we discuss what it means to be fully self supporting, that our contributions help our service entities facilitate service work, so that we can better practice our primary purpose, carrying the message to the alcoholic that still suffers.

When I contribute money to our basket, it is no longer my money, it belongs to the group, and a well informed group conscience votes and decides what to do with it!! Money and Spirituality truly do mix. They mix in the hat.

Stuart R, Simply AA

Tradition 8

The long form of Tradition 8 states: "*Alcoholics Anonymous should remain forever non-professional. We define professionalism as the occupation of counseling alcoholics for fees or hire. But we may employ alcoholics where they are going to perform those services for which we might otherwise have to engage non-alcoholics. Such special services may be well recompensed. But our usual A.A. "12th Step" work is never to be paid for.*"

Tradition 8 has been an essential component in AA effectiveness for me. As a newcomer, there was very little the members of AA had to say to me that hadn't been said before: after the "don't drink" part, there was stuff like, "don't lie," "show up when you

say you will," "be kind," and various sundry other directives that I'd heard a thousand times. From the mouths of people who had been there themselves, however, I could hear and act upon those directions in a way that had never before been possible. The fact that those telling me had no motive beyond helping themselves and (just maybe) helping me, too, clarified and strengthened their message. After several years of sobriety, I became employed in a profession in which, among many other things, I had frequent contact with active alcoholics. I knew that any attempt I made to Twelve Step them, regardless of the purity of my motives, would be perceived through the lens with which they viewed my profession. So I didn't try. Instead, I treated them with enough respect, dignity and empathy that many did have respect for me as a member of that profession, and then I pointed them in the direction of Alcoholics Anonymous. I gave them meeting schedules and the phone numbers of other sober members. The first time they knew I myself was a member was when I shook their hand as an equal, fellow member when we ran into each other at a meeting.

AA does have special workers. Janis and Carrie at the DIA are special workers as They facilitate service work so our vital 12 Step work can occur.

Katie M., Principles Group

Concepts 7 & 8 – Not Just Legalese

Concepts 7 and 8 describe the relationship between the General Service Board and the General Service Conference and between the General Service Board and its two subsidiaries, A.A. World Services, Inc. ("AAWS") and A.A. Grapevine, Inc. ("AAG"). These Concepts are both replete with legal terminology. Underneath, however, are the spiritual principals that allow our society to continue to function effectively.

First, a little background. Alcoholics Anonymous is not a legal entity. It is a spiritual one. In the same way, my home group is not a legally recognized entity. It is a spiritual entity, a loose collection of individuals coming together for common purpose yet unbound by official legal ties. In fact, Alcoholics Anonymous would not stay anonymous long if all of its groups formed corporations and were bound together by contractual or other legal arrangements. This notion is embodied in the long form of Tradition Six which states "[a]n A.A. Group can bind itself to no one."

Of course, we live in a world unaccustomed to transacting business with spiritual entities. If we are to effectively establish a World Service organization, we must, by necessity, establish legally recognized entities through which that work is done. A.A.'s primary legal entity is the General Service Board. Concept Seven establishes the relationship between the Board and the General Service Conference.

Like the A.A. Groups, the General Service Conference is a spiritual entity. Each A.A. Area elects its delegate to send to the

Conference. The Conference, in turn, passes “Advisory Actions” which are submitted to the General Service Board. “Advisory Actions” are just that, advisory. They lack the force and effect of law and are not binding on anyone – unless and until they are accepted and approved by the General Service Board. This structure vests in the General Service Board ultimate legal authority. Still, the General Service Board, for the most part, bends to the will of the General Service Conference. It is right for the Board to yield to the will of the Conference because the Conference represents the voice of the Fellowship as a whole. Only in rare instances would the General Service Board be justified in overruling a Conference Advisory Action. Concept Seven also acknowledges that, practically speaking, the General Service Conference wields ultimate authority over Alcoholics Anonymous through the force of tradition and the ultimate power of the purse – the ability to withhold funding from the General Service Board in the event the Board embarks on a course of action contrary to the will of the Fellowship.

Concept Eight, on the other hand, establishes the relationship between the Board and its two subsidiaries, AAWS and AAG. AAWS and AAG are non-profit corporations. They are legal entities. They can and do own property, both tangible and intellectual. AAWS is our primary World Service organization which operates the A.A. General Service Office. GSO provides a wide range of services to the AA community, both domestically and worldwide. AAG, on the other hand, is the publisher of our AA newsletter, the Grapevine.

Concept Eight makes clear that the General Service Board is primarily responsible for directing policy for our world services. This they do through their oversight and management of AAWS and AAG. The General Service Board does not manage these two entities directly. Rather, as trustees, they act as the custodial shareholders of these two entities and elect the respective boards of directors for each. Thus, they possess absolute, through indirect, control over the management of our two service corporations, AAWS and AAG.

In sum, A.A. is a spiritual entity. In order to be effective in its world service, we established the General Service Board and the General Service Conference. The General Service Conference represents the actual voice of the fellowship and acts through “Advisory Actions.” The General Service Board relies on the General Service Conference for direction and guidance in its role as the legal proprietor or A.A.’s World Service organizations.

Baxter B., Chicago Group

From the Archives

FAQs About AA History from AAWS *

Q.— Why do AA members use tokens, medallions, and chips to mark sobriety? When did that practice start?

A.— The chip system is thought to have begun in Indianapolis

in 1942. The tradition is believed to have started with Doherty S., who originally brought AA to Indianapolis. Doherty himself, in a letter to Bill, seems to indicate the practice originated in Indianapolis in 1942.

Nell Wing wrote in 1962 about the history of the chip system: “The chip system might have begun in Indianapolis . . . reference was made in a letter from Doherty to the start of giving out ‘chips’ and ‘tokens.’ This was in 1942. I imagine this would be about right, because most of the early groups started in 1940 and it would take about a couple of years to think of anniversaries and marking any time of sobriety. I asked Bill about this and his memory is that the system started in Indianapolis.”

In Dr. Bob and the Good Old Timers (page 195), it indicates that Sister Ignatia in Akron, working at St. Thomas Hospital, also used medallions: “Sister Ignatia gave each of her newly released patients a Sacred Heart medallion, which she asked them to return before they took the first drink. She would occasionally give out St. Christopher medals as well . . .”

We don’t know precisely who started this system first, or when and how it spread to other groups. As with many things in AA, the exact nature of the history eludes us!

* From, www.aa.org > Archives & History > History and Resources > FAQs.



Billboard in Oklahoma 1947

Inscription from Plaque on Dr. Bob’s Desk

Humility

Perpetual quietness of the heart. It is to have no Trouble. It is never to be fretted or vexed, irritable or sore, to wonder at nothing that is done to me, to feel nothing done against me.

It is to be at rest when nobody praises me, and when I am blamed or despised, it is to have a blessed home in myself where I can go in and shut the door and pray to my Father in secret and be at peace as in a deep sea of calmness, when all around and about is seeming trouble.

“Hey, on the bright side, I am 24 hours sober now!”
—Anonymous

Upcoming Events: August & September

3rd CAPITAL OF TEXAS CONFERENCE

August 12 @ 10:00 am - August 14 @ 1:00 pm

Double Tree Hotel Austin, 6505 N. I-35, Austin, TX 78752

The 3rd Annual Capital of Texas Conference will be held: August 12-14, 2016, at the Doubletree Hotel, 6505 N. I-35, Austin, Texas. SPEAKERS WORKSHOPS PRESENTATIONS MEETINGS LIVE MUSIC AND MUCH MORE. ASL Interpreters at all Main Speaker Meetings Registration: \$35-\$45 depending on date. Check with the flyer for more information. www.capitaloftexasconferrence.capitaloftexas2016

CITYWIDE DALLAS MONTHLY MEETING

August 13 @ 5:00 am - 8:30 pm

Lover's Lane United Methodist, 9200 Inwood Rd, Dallas, 75220

The August Citywide Dallas will be held on August, 13th, at Lover's Lane United Methodist Church. 5pm: doors open for Potluck Dinner (please bring a side dish) 7pm: AA Speaker, Nancy B, from Denton, TX. Free childcare from 5:30pm to 8:30pm. Sign Language Interpreter available by request. As always the event will be over by 8:30pm. Unity Through Fellowship, meet members from across the Metroplex! IF needed, free transportation for DART bus, #248 ticket, up to \$5 for the day...

TECHNOLOGY AND SOCIAL MEDIA IN AA

August 13 @ 1:30 pm - 4:00 pm

Cornerstone Group, 6760 Abrams, #215, Dallas, TX 75231

Panelists will discuss Technology and Traditions, PI and other topics. Hosted by District 53. August 13, from 1:30 to 4pm at the Cornerstone Group. BBQ will be provided, please help by bringing sides and desserts for a potluck. See flyer for full information. District 53 Tech Workshop

NIGHTWATCH "REFRESHER" WORKSHOP

August 13 @ 2:00 pm - 4:00 pm & September 3 @ 2:00 pm - 4:00 pm

First United Lutheran Church, 6202 E Mockingbird Lane, Dallas, TX 75214

The Dallas Central Office will have two workshops for our Nightwatch Volunteers. If you are new and have not been assigned a shift, this training will help you find some answers and allow you to ask any questions you have. In an effort to help handle the myriad of calls that come into the Central Office on a daily basis, we will have an experienced panel to share their E.S.H.. You are answering the phones for the Dallas Alcoholics Anonymous for the shift you agree to take. Anything, and we mean that,...

NORTH TEXAS ROUNDUP 2016

August 19 @ 2:00 pm - August 21 @ 11:30 am

Double Tree Hotel, 4099 Valley View Ln, Dallas, TX 75244

"Service - Our Legacy, Our Future", August 19th-21st, 2016. Doubletree Hotel, 4099 Valley View, Dallas, TX 75244 Friday 2pm-9pm: Speaker, Michael E., Evans, GA Saturday 8am-9pm: Speakers include Shirley R., Stuttgart, AR; Bill R., Stuttgart, AR; Gail L., Akron, OH; Billy S., Las Vegas, NV Sunday 8am-11:30am: Speaker, Deb H., Akron, OH Registration \$20, Saturday Night Speaker Banquet, \$35 Go to website for complete information. <http://www.northtexasroundup.org>

HISTORY PRESENTATION BY GAIL LA C.

August 21 @ 6:00 pm - 7:30 pm

Unity Church, 6525 Forest Lane, Dallas

Gail LaC., historian and archivist from Akron, Ohio will present: "AN INTERVIEW WITH BILL WILSON ON THE WRITING OF THE BIG BOOK". Sunday, August 21, 2016 from 6pm to 7:30pm, Unity Church of Dallas, 6525 Forest Lane, Dallas, TX 75230. Always a great presenter and full of fascinating history. Gail LaC History Presentation

7TH ANNUAL EDGE OF THE WOODS CONFERENCE

September 9 @ 5:00 pm - September 11 @ 11:30 am

Edgewood Civic Center, Edgewood, TX 75117

The Edge of the Woods Conference will be September 9-11, 2016 at the Edgewood Civic Center. See website, www.edgewoodconference.org, or the attached flyer for more information. Speakers include: Chris C., Mesquite Al-Anon Ted D., Edgewood Marti R., Austin Buckley S., Irving Peggy S., Dallas Al-Anon Sara T., Dallas Pre-registration \$20, after Sept. 5th, \$25. Friday: 5 p.m.-8 p.m.; Saturday: 8:30 a.m.-9:30 p.m.; Sunday: 8:00 a.m.-11:30 a.m. EotW-r - 8-4-16 2-41 PM

STRAIGHT FROM THE HEART 31ST ANNUAL

September 16 @ 3:00 pm - September 18 @ 11:00 am

Inn of the Creek, 216 Royal Street, Salado, TX 76571

The 31st Annual Straight from the Heart AA and Al-Anon Woman to Woman Conference will be held Sept. 16-18, 2016. Registration will be \$35. The venue will be the Inn at the Creek, 216 Royal Street, Salado, TX 76571. Registrar: 382 Prairie Dell Church Rd., Salado, TX 76517

NETA 65 FALL ASSEMBLY AND CONVENTION

September 16 @ 4:00 pm - September 19 @ 12:00 pm

Hilton Hotel, 3110 Colorado Blvd., Denton, TX 76210

NETA 65 will hold their Fall Assembly and Convention on Sept, 16-18, 2016 at the Hilton Garden Inn, 3110 Colorado Blvd., Denton 76210 Hotel: 940-891-4700. Full details below. 2016 Fall Convention and Assembly Agenda

ODAAAT'S 37TH ANNIVERSARY

September 23 @ 2:00 pm - September 25 @ 1:00 pm

ODAAAT Group Plano, 2109 West Parker Rd #728, Plano, TX 75023

HAPPY, JOYOUS AND FREE! Help ODAAT Group celebrate their 37th Anniversary. Save the dates: September 23-25, 2016. More information will be added from the group.

56TH ANNUAL LAKESIDE CONFERENCE

September 23 @ 3:00 pm - September 25 @ 12:00 pm

Lake Brownwood Christian Retreat, 9030 Retreat Rd, Brownwood, TX

The Lakeside Conference will be held at the Lake Brownwood Christian Retreat, September 23-25, 2016. Registration fee is \$125.00. Space is limited, so all reservations are first come first served. This is an annual adult conference for AA and Al-Anon members. No children please. No smoking allowed in any building, no pets. Facilities are dormitory style. Bring sheets, pillow, pillowcases, blanket, towel, wash cloth, soap, etc. For full information email info@lakesideconference.org www.lakesideconference.org for full information See flyer for details Lakeside...

Group Contributions

July 2016

	<u>TOTAL</u>
Addison Group	10.00
Aquarius Group	25.00
Belmont	50.00
Carrollton	200.00
Carry the Message	88.50
Casa Group	10.00
Chicago	90.00
Clean Air North	50.00
Cornerstone	250.00
Dallas North	270.00
Georgetown	100.00
Irving	20.00
Lake Highlands	628.41
Lakeside Group	720.00
Lambda	1,080.75
Legacy	50.00
McKinney Fellowship	10.00
McKinney Men's Group	250.00
McKinney Miracle Group	63.95
Mckinney Serenity	500.00
New Freedom	439.52
ODAAT	60.00
Ray of Hope - Seven Points	10.00
Returned and Recovered	42.00
Richardson	30.00
Rowlett	10.00
Sachse/no charges for this grp	100.00
Shalom Today	30.00
Shivering Denizens	103.42
Simply AA	112.50
Southwest Clean Air	42.20
Step Up	226.50
The Colony Group	80.00
The Gift of Sobriety	30.00
Town North	100.00
Town South	20.00
Traditional	58.00
We Agnostics	100.00
White House	50.00
TOTAL	<u><u>6,110.75</u></u>

To Subscribe

Support your Dallas Intergroup Association, and get your DIALog hot off the presses! For individuals and groups, a yearly subscription is \$12; two years, \$18.

Please contact carrie@aadallas.org or call the Dallas Intergroup Association at (214) 887-6699.

Faithful Fivers: Would you like to be one?

Faithful Fivers are AA members who in gratitude pledge to contribute at least five dollars each month toward the support of Dallas Intergroup Association, DIA.

This contribution gives AA members the opportunity to practice the Seventh Tradition regularly and painlessly by pledging \$5 or more a month to the DIA. We can set up an automatic credit card deduction, or you can send in a check once a month or whenever you choose. Call, 214-887-6699, to set up monthly contributions.

DIA is totally supported by AA groups and individuals. Contributions are limited to \$3,000 per member per year and are tax deductible.

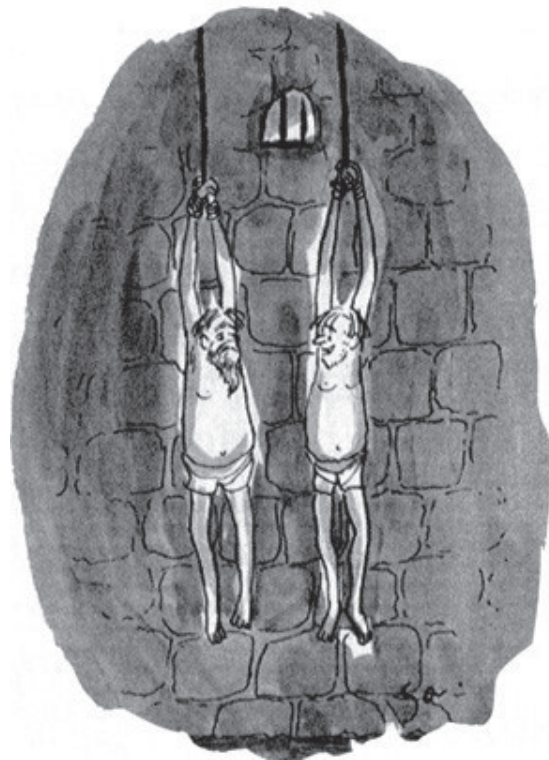
Yes! Please enroll me as a Faithful Fiver.

Please complete the form below and mail in with your contribution to DIA, 6162 E. Mockinbird Ln., Suite 213, Dallas, TX 75214

Name: _____
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 City: _____
 Zip: _____
 Phone Number: _____
 Email Address: _____

Find Us Online

At www.aadallas.org you'll find group announcements, an events calendar, a searchable group directory, online bookstore & more.



“Hey, on the bright side, I am 24 hours sober now!”

—Anonymous