# The DIAlog A PUBLICATION OF THE DALLAS INTERGROUP ASSOCIATION (est. 1947)

Dallas Central Office | 6162 E Mockingbird Ln, Ste 213, Dallas TX 75214

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www.aadallas.org

help@aadallas.org

### FROM THE DIRECTOR

We would like to thank all our members who joined us for the Joy of Living Benefit and our 68th Anniversary Celebration in October. Our next event will be our 10th Annual Chili Cook-off. As soon as we have a date and place we will let everyone know. It is never too early to start practicing!

We have four new members of the Board of Trustees joining us in January, 2016. Elected in November, 2015, we welcomed: Jimmy D, Chicago Group, Florinda F, Rowlett Group, PJ H, Allen Group and Doug L, Cornerstone Group. Rotating off will be our outstanding Chairman, Ralph S., Ed L. who handled jails and corrections and Josh K. (One of our second year board members died earlier this year, Andrea H., and her position was filled by Doug L who was elected for a full two year term at our last election.)

With the holiday season here, we want to remind everyone that if you find yourself in the middle of family or any other situation that is new to you as a sober member of Alcoholics Anonymous, you can always call the Dallas Central Office. Our phones are answered by a member who has been where you are and knows how it feels to be newly sober. Phones are answered 24/7. Use them! 214-887-6699. Give us a call if you need to talk.

We hope that everyone has a safe and sober holiday!

Janis R

### TO SUBSCRIBE

Support your Dallas Intergroup Association, and get your DIALog hot off the presses! For individuals and groups, a yearly subscription is \$12; two years, \$18.

Please contact carrie@aadallas.org or call the Dallas Intergroup Association at (214) 887-6699.

### SUBMISSIONS

We want to hear from you!

The DIALog is for us, by us. So let us know how your recovery is going. The peaks, and the pits.

Please send original articles of 250 to 300 words to janis@aadallas.org; the subject line should read: The DIALog.

## THIS NEWSLETTER EDITION

This issue of the DIAlog does not have a specific theme but is a collection of information from our membership, archives and other A.A. sources. Our newsletter editor died unexpectedly earlier this year and her position was not filled when our first runner-up took over the empty slot on our Board of Trustees. Beginning January of 2016 we will have new committee chairs including a new DIAlog Editor. We hope you enjoy what we did pull together for this issue and we all look forward to having a specific person assigned as editor!

Have a great holiday season and we will unveil our new "leader" in our February issue of the DIAlog.

### A Christmas Greeting from Bill W.

To all AA members

Greetings on our 10th Christmas, 1944. Yes, its' in the air! The spirit of Christmas once more warms this poor distraught world. Over the whole globe millions are looking forward to that one day when strife can be forgotten, when it will be remembered that all human beings, even the least, are loved by God, when men will hope for the coming of the Prince of Peace as they never hoped before. But there is another world which is not poor. Neither is it distraught. It is the world of Alcoholics Anonymous, where thousands dwell happily and secure. Secure because each of us, in his own way, knows a greater power who is love, who is just, and who can be trusted. Nor can men and women of AA ever forget that only through suffering did they find enough humility to enter the portals of that New World. How privileged we are to understand so well the divine paradox that strength rises from weakness, that humiliation goes before resurrection; that pain is not only the price but the very touchstone of spiritual rebirth. Knowing its full worth and purpose, we can no longer fear adversity, we have found prosperity where there was poverty; peace and joy have sprung out of the very midst of chaos. Great indeed our blessings!

And so Merry Christmas to you all - from the Trustees, from Bobbie and from Lois and me.



### TRADITIONALLY GRATEFUL

By Carrie L.

Gratitude is not always centered around warm and fuzzy feelings nor are its lessons convenient and appreciated in the moment, but I find that when I do what is asked of me, rather than what I want to do, I am more receptive to what my Higher Power wants to me to learn.

In early sobriety, I stared at the same window shades many of us have stared at on the wall in the rooms, and while I was grateful for their existence, I did not fully comprehend the depth of the Traditions.

It was only after I crossed that invisible line from service work to a Tradition Eight worker did my growth as an A.A. member really begin.

The Traditions provide me with simplified guidelines that are designed to keep me from doing, saying or getting involved in things that are none of my business or that may cause harm to A.A., its members, or even me. When used in accordance with the Steps, the Traditions provide me with a design for living that extends far beyond the meeting rooms of A.A. They remind me to treat everyone the same regardless of personality and to stay focused on the Primary Purpose without any help from my ego..

So yes, while it has been a slow and sometimes even a painful growth, I know that I would not be where I am without the Traditions nor would my program be allowed to grow and strengthen without its structure and guidance. The Responsibility Statement means nothing if I fail to learn the Traditions and do my part to ensure A.A. is here for newcomers and alcoholics who are still suffering.

### **GRATEFUL**

By Shane W.

Much of the nation viewed that big red eclipse.

We marveled at the moon, contemplated existence, and mostly, we simply enjoyed the moment.

I'm thankful for so much about our design for living that really works, but two things rise to the top.

First, I get to help the alcoholic who still suffers.

Second, I can live "in the moment" much more than ever.

I'm so thankful for my sponsor and home group. My sponsor

worked the steps thoroughly with his sponsor, therefore he was ready when I was a suffering alcoholic. Now I'm ready and able to do the same.

It took years before I saw a protégé achieve long-term sobriety. But every day of every year, I remained sober to give it another go.

Part of the readiness lies in living in the moment. Remember all the hours wasted regretting the past and fearing the future? It allowed me to make a wreck of the present.

Now, I'm more aware of the present. It's a simple prospect to go outside and watch a lunar eclipse, but it wasn't always. When my family or friends need me, I'm there, not just physically, but emotionally and spiritually. Instead of howling at the moon, I can watch it with them.

And when the present gets overwhelming, I have a spiritual tool kit. At any time of the day I can stop and pray, "Not my will, but your will," to our Creator. I can call my sponsor and most effectively, I can go work with another alcoholic!

Wow, just when I thought I was too tired to write a little article, I've been renewed with energy. Nearly every day, I experience gratitude and its list keeps growing.

## **GRATITUDE**

By David H.

Even after many years of sobriety, I can become irritable, resentful or angry. It's in my nature for this to happen. It's part of what made me an alcoholic in the first place! Before I know it, I can begin to see the world as a very dark place. The quickest way for me to shed those unwanted attitudes is to make a list, on paper, of the things for which I am grateful.

The first thing on my list is always the years of sobriety my higher power has given me. Without that, I would likely have no friends, no home and not happy life to look back on. As I look at the details of my life, the gratitude list of things large and small is nearly endless. Before I get anywhere close to finishing, I start to see the big picture. My petty problems of the day begin to slip away. My attitude quickly begins to improve, and I find I can let go of my resentments and anger and approach my problems rationally. I sometimes regret that this is the cycle I have to go through. I'd like to think after years of sobriety I could be "up" all of the time. Sometimes, my disease can cause me to react to things that don't go my way. Today I am grateful to have a program that can quickly work me back to mental and emotional sobriety.



### ADDRESSING MENTAL ILLNESS IN AA

#### By Anonymous

I want to write about helping all alcoholics find recovery through the use of our traditions. I was taught if we want unity and recovery we must adhere to Tradition One. Our ability to do this lies in our ability to adhere to traditions 2 through 12. The traditions are not just for the group. You can use the traditions in your personal life as well. I want to want to focus on Traditions 5, 8, and 10 and how I apply them in my life and in the lives of those that I try to help.

Tradition 5 states that each group has but one primary purpose, to carry its message to the alcoholic who still suffers. When I was a newcomer I felt that I had more problems than just stopping drinking. Stopping drinking was one of the many but I had money problems, legal problems, personal relationship problems, and health problems. I was fortunate that I choose a good sponsor that helped me work all 12 steps and find recovery from alcohol.

My sponsor and I had many conversations outside the rooms about various topics. He did not involve himself in areas that didn't pertain to getting sober in Alcoholics Anonymous. By working the steps, eventually the money and legal problems began to clear up and I sought out professionals to help me with medical problems.

Tradition 8 states that Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers. The reason why I feel that this tradition is so important to apply in my personal life is because occasionally I, as a sponsor, try to offer advice about stuff that had nothing to do with a sponsor role however well-intentioned I was. One area that I see too many members offering unwarranted advice is in the medical field. I suffer from mental illness and I understand how that can affect your life when trying to get sober and maintain sobriety.

I don't offer suggestions that alcoholics stop taking medication because I am not a doctor. I have heard newcomers share that their sponsor told them they are not sober if they are taking medication. How arrogant can you be to tell someone to stop taking medicine that is probably saving their life? If I do something like that I believe that I have placed myself in the position of a healthcare professional, specifically a doctor.

When I was new I was arrogant enough to meddle in affairs that had nothing to do with A.A. I made suggestion about

things such as how someone might handle their divorce or solve their financial problems. Tradition 8 reminds me that I am not a professional and should not act like I am a doctor or family counselor. I am simply a sober alcoholic sharing experience, strength and hope about the 12 steps of Alcoholics Anonymous.

Tradition 10 states that Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy. When I apply this tradition in my life I don't get in trouble because I am not involving myself in affairs that are none of my business. In A.A. meetings were not supposed to have topics on drugs, religious denominations, and politics. The topics should concern recovery from alcoholism. I don't try to help someone solve their gambling or sex addiction. The one thing I can do is discuss alcoholism because that is why I am a member of A.A. and that is why people come to AA.

My wife and I left our home group because the members were providing advice about how to take our medications. One such person suggested that my wife take a vitamin and exercise in lieu of taking her prescribed medication. Another member suggested I stop taking pain medication that a doctor prescribed to me. I have had 7 surgeries on my back and I must maintain the medication regiment in order to function. I did not want to leave my home group but we had no choice. My wife and I just could not have a group of alcoholics involve themselves in our medical treatments or judge us for following doctor's directions.

Mental illness is a life threatening illness and many alcoholics are diagnosed with some form of mental illness. Mental illness is not a discussion topic for a meeting but no member of Alcoholics Anonymous should suggest that anyone stop taking their medication or how to modify it. A doctor, not a member of AA should be treating the member with mental illness.

I heard about a newcomer with one month sober who was told by her sponsor that she was not sober if she took medications. The newcomer stopped taking those medications and she died a few weeks later. Please remember what our primary purpose is and we are not here to play a doctor, lawyer, or counselor. Remember we are here to share experience, strength, and hope about recovery from alcoholism. It has been my experience that if I know someone who struggles with outside issues I can try to help them find help. That is how I help the suffering alcoholic with outside issues.



## EXCERPT FROM THE CHRISTMAS EDITION OF "6 AND 7/8"

(no date on the publication)

The Sober Philosophy

"In the last eleven years, I have found it necessary to seek a new way of life. This is not only in order to try to get out of an Institution, but to keep my sanity. At this writing, I am only a couple of weeks off the streets. On the other hand, I am on parole from the State of Washington. I may be just a train ride away from the Walla Walla Penitentiary. I am still under their jurisdiction. As we say in Alcoholics Anonymous, my life is yet unmanageable.



In search of a solution, people such as me find a bond in a common cause. That bond, or group, is A.A. Of course, we are referred to by much of society and many of the inmate population as a bunch of sorry wino's. When we are able to control our inner emotions and feel kindly disposed towards such people, we are beginning to learn. After 11 years of study and questioning, I have only one suggestion and it applies only to the person who admits he has the disease of alcoholism. Do as the 300,000 sober alcoholics have done before us. Follow the Twelve Steps of Alcoholics Anonymous to the very best of our ability and apply their principles to all your affairs both in and out of prison. In my experience, I must admit that I can only lay claim to these important advancements. I can sleep nights, work days, and look my fellow man in the face. These three accomplishments are a beginning and as I always say, if we keep on, keep working ahead, we can help our fellow man a little higher up that hill. In doing so we get a little nearer to the top ourselves. Remember to look for Serenity and the going will be easy."

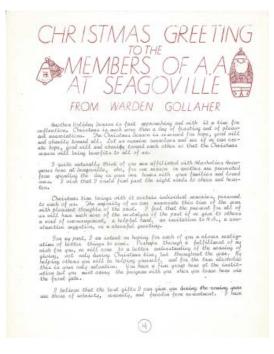
Jim B., AA Group #1 Seagoville

# EXCERPTS FROM CHRISTMAS GREETINGS

by Warden Gollaher

"...I am intent on hoping for each of you a closer realization of better things to come. Perhaps ...a better understanding of the meaning of giving, not only during Christmas, but throughout the year. By helping others you will be helping yourself and for

the true alcoholic this is your only salvation. You have a fine group here at the institution, but you must carry the program with you when you leave here via the front gate. I believe the best gifts I can give your during the coming year are those of sobriety, serenity and freedom from resentment. I encourage each of you to dedicate yourself to



remaining on the program. You are assured of my cooperation in your efforts at Seagoville.

L. P. Gollaher

### TRAVELING WITH GOD'S GRACE

by Dave R.

As I was talking on the phone my sponsor Phil saw the Atlanta skyline. It was beautiful. After traveling 850 miles by car, we arrived at the 2015 International Convention of Alcoholics Anonymous on Thursday afternoon. We got settled and went to the convention center to get our badges and commemorative books. The lines were short and the process was well organized. We found Lawrence M., a friend of Phil's from Taos, NM. Lawrence would be speaking at a workshop Friday morning and we all planned to meet him before the meeting.

After that, we went to the food court in the CNN building. We saw our good buddy Rick P. and lots of others we knew in the program.

Thursday evening, we went to the Party in the Park and Dances. These were moved indoors because of the possibility of rain. At the first dance we saw around 300 people doing the Macarena. The DJ demonstrated the dance and began the song. We had a great time watching. The other dance had a live band. Lots of people were dancing and having fun. We saw Marvin and Gary and other members from Wenatchee, WA. Gary was passing around a commemorative book to sign for his friends Vern and Julie who had planned to attend the convention but cancelled their trip because their home burned down. By the end of the convention Gary collected over 250 signatures from AAs all over the world.

As planned, we met Lawrence Friday morning and other AA members. We all joined hands and prayed with him before the



meeting behind the stage. Lawrence was the first to speak on the topic of "Emotional Sobriety" at the workshop. He shared his experience, strength and hope and set the tone of the convention for me.

Friday evening, we ran into our Al-Anon friends Gail W. and Karen M. We all went to the Opening Flag Ceremony and Big Meeting in the Georgia dome. It was amazing to see the flags of 94 countries being walked and waved across the stage. I really enjoyed the last speaker of the evening. He made a wonderful talk and expressed his gratitude for Alcoholics Anonymous. It was an amazing feeling to say the closing prayer with tens of thousands of alcoholics!

Saturday morning, we visited with our friends Kevin and Annie and others who traveled from England. We were blessed to have them speak at Georgetown's group anniversary a week earlier.

Saturday afternoon, we went to the Marathon meeting at the Hyatt Hotel. On the way there we ran into Fred. Fred was staying at the Salvation Army and asked if we could spare some money. I said sure and suggested he go to some AA meetings. Fred said he would. Then Phil asked Fred to come to the Marathon meeting with us and Fred, Phil and I walked into the Hyatt. We heard AAs from all over the country share their experience, strength and hope. After a while, Fred had to leave because he had a curfew at the Salvation Army. We walked out with him and wished him luck. I don't know what happened to Fred but I know what happened to me. I stayed sober and experienced the gratitude that only comes when I'm with AA's .

Saturday evening, we went to the Oldtimers' Big Meeting. My sponsor Phil celebrated 40 years of sobriety in April and as an "Oldtimer" was looking forward to sitting on the main floor of the convention and told me how he felt: "Rumor had it before the 2015 International that the traditional 40 years in A.A. and over Old timers' meeting had been changed to 50 years and over. After Dave and I had arrived in Atlanta, I asked a volunteer about the change. Yes, he said, because there was not enough room in the section for years 40 and over. I was disappointed because I had my 40 yr. A.A. birthday in April and looked forward to the special recognition at the convention. Ha, Ha! I must swallow my pride or swallow a drink. Thank God there are so many of us who have achieved long term sobriety and can pass on our many years of experience, strength and hope in A.A." I felt Phil's disappointment and realized one more time why he is my sponsor.

Nevertheless, there were around 100 Oldtimers with 50 or more years of sobriety sitting in a special section on the main floor. Volunteers pulled Oldtimers' names from the hat and the first 12 were asked to come on stage to share their AA stories.

We got up early Sunday morning to pack and then went to the Closing Big Meeting. Before the AA meeting started, there was a special presentation about Sister Ignatia who played a significant role in AA's early history. She and Dr. Bob helped thousands of alcoholics at St. Thomas Hospital in Akron in AA's early years. As a special recognition, the convention presented the 35th millionth copy of the Big Book to the Sisters of Charity of St. Augustine of which Sr. Ignatia was a member. The AA meeting was wonderful and the speakers expressed their gratitude for Alcoholics Anonymous.

During the convention, we kept seeing Camelot tour buses with the words "Traveling with God's Grace" on its side. It occurred to me that we were doing the same. Come to think of it, I've been doing it throughout my entire sobriety.

## Group Contributions October & November 2015

	Nov 15	Oct 15
A Daily Banriova	297.13	0.00
A Daily Reprieve Allen Group	100.00	0.00
Aguarius Group	0.00	25.00
Belmont	50.00	50.00
Carrollton	0.00	400.00
Carry the Message	0.00	147.50
Casa Group	0.00	10.00
Chicago	0.00	90.00
Clean Air Group	0.00	200.00
Coppell	0.00	500.00
Cornerstone	375.00	250.00
Dallas North	562.50	562.50
District 55	0.00	22.18
Forney Group	20.00	20.00
Freedom	0.00	0.00
Friendship Group	0.00	300.00
Frisco Group	642.93	637.10
Hope Group	0.00	100.00
Lake Highlands	157.31	298.23
Lakeside Group	0.00	800.00
Legacy	300.00	50.00
Lewisville	79.00	49.00
Lifesavers/No Charges	10.00	10.00
McKinney Fellowship	10.00	20.00
McKinney Miracle Group	695.57	378.37
Prosper Country Grp	0.00	91.40
Ray of Hope - Seven Points	20.00	0.00
Reaching Out Garland	0.00	40.00
Returned and Recovered	35.50	35.00
Richardson	60.00	60.00
Sachse	0.00	100.00
Shalom Today	30.00	30.00
Simply AA	0.00	212.00
Southwest Clean Air	60.21	60.20
Speaker Share Group	0.00	30.00
Step Up	0.00	200.00
The Colony Group	20.00	0.00
The Gift of Sobriety	30.00	30.00
Town North	100.00	100.00
Waxahachie	10.00	0.00
White House	50.00	50.00
Wylie Group	10.00	10.00
TOTAL	3,725.15	5,968.48

### VISIT US ONLINE!

At <u>www.aadallas.org</u> you'll find group announcements, an events calendar, a searchable group directory, online bookstore & more.



### FROM THE ARCHIVES

"AA Behind the Walls"

We recently received a package of material from the Central Office Archivist in San Antonio. Any package from another archivist is pretty exciting but this contained a collection of newsletters from A.A. Group #1, in the Seagoville Federal Correctional Institution. I have never seen one before, so if anyone has any information on the publications please contact the office.

According to one issue, the A.A. group began in 1950 when a member named "Jack" started carrying the message to prisoners at Seagoville. He was instrumental in the publication and development of the newsletter and according to the first editor, named Jack B., his attendance record at their meetings was perfect. At some point it was decided to have membership cards for inmates after they had attended eight A.A. meetings in a row. The warden at the time, Reed Cozart, gave out the cards, which also included the prisoner's institutional numbers. The warden gave their Dallas "benefactor" an honorary membership card as well. When he asked why he didn't get a number on his card, "the prisoners quickly convened their Steering Committee and agreed to let Jack pick his own number". Jack picked his hat size thus giving a name to their new publication of 6 and 7/8.

If anyone knows of a member who went by "6 7/8" please let us know. From the article, it sounds like Jack used the name inside and outside the prison. Also if you have ever seen a Steering Committee take action that quickly we would like to hear about that as well!!

During the same time period these publications were being penned, the more familiar Bar-less magazine was being published 6 times a year by AA member inmates at Indiana State Prison. The first ever AA Prison Group Conference was held in 1952. Having similar publications from this area is a wonderful addition to our Dallas area archives.

One of the first prison groups was started in San Quentin in 1942 with the support of the well-known Warden Clinton T. Duffy. In late 1943, Bill W. visited the group. While there is quite a bit known about AA groups in some of the larger prisons, very little has been written concerning our area, so this surprise package may help us fill in some gaps in our own A.A. prison history.

The Seagoville Group was mentioned in the spring 2011 issue of Markings (from GSO). In 1952 GSO compiled messages from AA members in prisons around the country and published them in an Exchange Bulletin.

One was from the A.A. Group #1, Seagoville: "we are proud

of the privileges accorded us by the officials here, and guard them jealously. There has never been an incident in which the A.A. group has been involved, nor have we ever betrayed the confidence placed in us by the staff" More information from the newsletters follows this introduction.

(The Central Office greatly appreciates any and all donations to the archives. Should you or your family members have material you think should be preserved please consider donating the material to our archives.)

### FIRST GROUP REQUEST

This is a copy of the first official request for group status from Dallas to the New York Central Office, stamped on October 1, 1943.

The Group name was simply the Dallas Group and was listed by the Secretary of the group, Esther E., "The Flower of the South". The only address listed was that of Esther's since the meetings were held in members' homes and rotated. Being a request in the '40's, note that the question was asked about membership in the Armed Forces. Signed by Margaret," Bobbie", Burger, Bill W.'s secretary.

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## 12TH STEP OPPORTUNITIES AVAILABLE:

The Dallas Central Office needs a continuous infusion of volunteers to keep our committees going as well as the office. If your sponsor is telling you to get into service work like most good sponsors we have some answers for you.

Nightwatch: We need committee members, those members who work on filling the day to day slots for our 24/7 phone answering and phone transfer when the office is closed. Knowledge of spread sheets would be helpful but training is provided for all committee positions. Nightwatch rotates every month and the more committee members we have the fewer months each member has to take.

We also need Nightwatch volunteers to answer the phones when the office is closed. Volunteers are trained and receive

material on how to deal with specific situations. Whenever a suffering alcoholic calls the Dallas Central Office we want them to hear the voice of someone who has been there!

We always need help with the Speaker Bureau, 12th Step Initiative and Treatment Committee (as well as our other committees depending on needs). While we have a full slate of office volunteers at this time, that is subject to change at any time and emergency stand-ins are vital. The office has two shifts for volunteers: 10am to 1pm and 1pm to 5pm.

Fill out a volunteer form on the website (www.aadallas.org) and we will send your information on to the committees of your choice. If you have questions please call the office at 214-887-6699.

"....nothing will so much insure immunity from drinking as intensive work with other alcoholics."

P. 89, Alcoholics Anonymous.

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## Faithful Fivers: Would you like to be one?

Faithful Fivers are AA members who in gratitude pledge to contribute at least five dollars each month toward the support of Dallas Intergroup Association, DIA.

This contribution gives AA members the opportunity to practice the Seventh Tradition regularly and painlessly by pledging \$5 or more a month to the DIA. We can set up an automatic credit card deduction, or you can send in a check once a month or whenever you choose. Call, 214-887-6699, to set up monthly contributions.

DIA is totally supported by AA groups and individuals. Contributions are limited to \$3,000 per member per year and are tax deductible.

### Yes! Please enroll me as a Faithful Fiver.

Please complete the form below and mail in with your contribution to DIA, 6162 E. Mockinbird Ln., Suite 213, Dallas, TX 75214

Name:		
Address:		
City:		
City: Zip:		
Phone Number:		
Email Address:		



## News, Updates & Events... more on aadallas.org

### December 2015

#### **NETA 65 CORRECTIONS CONFERENCE**

December 5 @ 8:00 am - 5:00 pm

NETA 65 will host a Corrections Conference on Saturday, December 5, 2015 at the St. Michael Anglican Church, 3800 Popplewell Street, Richland Hills, TX 76118. For more information: corrections65@neta65.org

#### STATELINE RETREAT 2015

#### **December 10 through December 13**

"The Original Woodstock of AA", December 10-13, 2015. Las Vegas, Nevada. Register online at website: www. StatelineRetreat.org

Step Study Speakers include: Clancy I, Jeff V, Cia F, Howard P, Father Tom W, Don M and many more. (See event website for full information). Includes Thursday night Ice Cream Social & Live Entertainment, Saturday Buffet Dinner & Comedy Show, Sunday Breakfast Buffet.

## DIA OFFICE CLOSED FOR INVENTORY DEC. 11TH & 12TH Friday, December 11 and Saturday December 12

The Dallas Central Office will be closed for Inventory on Friday,

December 11th and Saturday, December 12th. We will not be open for any sales so that we may get an accurate inventory count. Please mark your calendar so you do not make a trip only to find we cannot sell anything.

#### **NETA 65 INVENTORY**

### December 13 @ 1:00 am - 4:00 pm

The NETA Inventory will take place at 1pm, December 13th at the Cornerstone Group. Please join the process for a more effective, healthier Area. Inventory questions are available on our event page or the NETA65 website. For more information: chair65@neta65.org or www.NETA65.org

### January 2016

## ARLINGTON PRIMARY PURPOSE 26TH ANNIVERSARY January 9, 2016 @ 9:00 am - 9:00 pm

"There is a Solution" Help Arlington Primary Purpose Group, celebrate their 26th Anniversary. Event held at group: 1802 W. Division Street, Arlington, TX. 76012 (behind Division Street Diner). AA Speakers: Stacy S, San Antonio, Eric B, McKinney Group, Chris R, Ingram, Tx. Al-Anon Speaker, Jerry T, Arlington

## ARE YOU A NIGHTWATCHer ???

Opportunity for Service Work which can be performed IN YOUR OWN HOME !!!

As of November 1, 2001 calls to Dallas Intergroup which come in after regular office hours are being forwarded to AA members who have volunteered to participate in NIGHTWATCH. This means that the phones are answered live 24/7 whenever someone calls for help. Experience to date has been very gratifying and many people have already been helped.



But to keep this valuable service going, we need more NIGHTWATCHers.

### Here's what you sign up for:

- 1. Volunteers agree to answer the phones for one shift (i.e. one night shift or one weekend or holiday daytime shift) about once per quarter four times per year.
- 2. They agree to answer all calls to the designated phone number (i.e. not screen calls through an answering device).
- 3. Volunteers must have a minimum of one year of sobriety and it is suggested that they have taken the 12 Steps and are familiar with Chapter 7 (Working with Others).
- 4. AA member volunteers are provided with guidelines on handling the various types of calls which may come in and a list of people willing to respond to 12th Step calls. The most current meeting schedules and maps can be found on www.aadallas.org.
- 5. Specific dates of commitment will be negotiated about a month in advance and volunteers will get a reminder call from Dallas AA Central Office on the Monday preceding the day for which they have signed up. Shift hours are:

NIGHT - 5:00 PM to 8:30 AM

DAY - 8:30 AM to 5:30 PM (weekend days and holidays)

To sign up, call Intergroup during regular office hours (214-887-6699) or go online (www.aadallas.org), fill out the volunteer form and be sure to check the box for Nightwatch.